



5516 Spring Garden Rd., 3rd Fl, Halifax, B3J 1G6
(902) 425-5450
basketballnovascotia.com

Update #4 related to COVID-19/Coronavirus and Basketball Nova Scotia

June 26, 2020

Version two (2) of our Back to Basketball Guidelines Plan have been approved by our Board of Directors and the Government of Nova Scotia's Communities, Cultures & Heritage.

At this stage, Basketball Nova Scotia is following the guidelines of our National Sport Organization, Canada Basketball, and their [Back to Basketball Guidelines – Version 1.1](#), released June 26th, 2020, phase three (3) template. This phase encourages a maximum of 3v3 team competition. While the document allows 10 participants per basket, we are strongly encouraging coaches to ensure they are taking into account current physical & mental statuses of their athletes. Slow progressions through your training sessions, ending with light 3v3 competition, is encouraged.

Coaches and teams are required to understand fully their group of 10 participants and keep those same groups, until further restrictions are lifted. If your team has more than 10 athletes and coaches, it's encouraged to split your team into two groups, that will stay together for the duration of your sessions. It's encouraged to only choose one group of 10 to play basketball with, outside of your family. Let's do our best to keep our circles of friends and family safe.

This document outlines step by step processes for all participants involved in our game and these guidelines are required to be read and understood before any formal basketball takes place.

Please find a snapshot of our phase two (2) plans below. If you are choosing to participate in a basketball activity, it is at your own risk. You are required to read the entire document for your safety and follow sanitization best practices.

[CLICK HERE TO READ BACK TO BASKETBALL – PHASE 2](#)

Basketball administrators & coaches are required to use the documents below or their own legal documents before they can resume play:

- [Club Risk Assessment & Mitigation Checklist Tool](#)
- [SAMPLE - COVID-19 Event Participant Wavier](#)
- [SAMPLE - COVID-19 - Daily Attestation Form](#)
- [SAMPLE - COVID-19 - Daily Attendance Form](#)



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For editable word documents of the above samples, please email BNS Executive Director, Katherine Brien: bnsexecutivedirector@sportnovascotia.ca.

Facilities are encouraged to print and display our guidelines where possible. Please email: basketballnsintern@gmail.com for other printable poster sizes for display purposes.

Travel

While traveling within the "Atlantic Bubble", you are required to follow the guidelines outlined by the Provincial Basketball Organization in that province. Click here to read and review each of their guidelines:

[Basketball New Brunswick](#)

[Newfoundland Labrador Basketball Association](#)

Basketball PEI: Link to come

The most up-to-date information on COVID-19 in Nova Scotia can be found at <https://novascotia.ca/coronavirus/>.

Thank you and stay safe.
Katherine Brien

Executive Director
Basketball Nova Scotia

902.410.4929

bnsexecutivedirector@sportnovascotia.ca